

### **Level 1 Sports Trainer Course**

Sunday June 3 & Sunday June 17, 8:30am - 5:00pm both days

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$185

Course Number: 31215

### **Sports First Aid HLTF301B (Apply First Aid)**

Sunday May 6, 9:00am-5:00pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$155

Course Number: 31215F

### **Sports Trainer Re-Accreditation Course**

Sunday March 18, 12:30pm - 3:30pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$95

Course Number: 31215R/31215FC

For further information regarding any of the above courses please contact  
Wimmera Regional Sports Assembly or Sports Medicine Australia



# Course Information

## Sports First Aid - HLTF301B - Apply First Aid

Sports First Aid is a one day (8 hour) course designed specifically for the First Aider working in sport. The course will give you a Statement of Attainment for HLTF301B - Apply First Aid and a 3 year SMA Sports First Aid accreditation.

The program includes:

- Crisis management, including CPR
- Management of hard and soft tissue injuries
- Fracture management and skin injuries
- Immediate management and referral of sports injuries (STOP and RICER)
- Control of external bleeding
- Moving the injured athlete (stretcher carries)



## Level 1 Sports Trainer

This course will recognise you as a SMA accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. SMA accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries

Please contact Wimmera Regional Sports Assembly or SMA if you require any further information regarding any of these courses:

Wimmera Regional Sports Assembly:  
03 5382 4599 or e: eo@wrsa.org.au  
SMA: 03 9674 8777 or e: ssp@vic.sma.org.au

## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_  First Aid Certificate Attached

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_ (payable to SMA - Victorian Branch)

Please debit \$ \_\_\_\_\_ From:  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_ / \_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

**Sports Medicine Australia - Victorian Branch**

**Sports House, 375 Albert Road, South Melbourne 3205** ABN:13 821 409 176

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

**Acc Number** - 1003-58763 please use 'surname\_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses?  SMA-VIC Website  Eflash  Club/Organisation

Facebook  sportspeople.com.au  Other \_\_\_\_\_

Please make cheques payable to  
"Sports Medicine Australia"  
and send to:

Sports Medicine Australia  
Sports House, 375 Albert Road  
South Melbourne VIC 3205  
Phone: 03 9674 8777  
Fax: 03 9674 8799

e: ssp@vic.sma.org.au